



4th March 2025

Nutrition program for RSIPF

The RSIPF & AFP Policing Partnership Program (RAPPP) is rolling out a Nutritional Advice & Incentivisation Program for RSIPF officers.

This is a new initiative that was put together by the RAPPP's Health, Wellbeing and Community Engagement Team (HWCE) and the RSIPF Gym to promote healthy eating among RSIPF officers.

Hency Charles, a member of the HWCE team and senior fitness trainer at the RSIPF Gym, said RSIPF officers need to eat healthy food to keep them strong to carry out their police duties.

"Eating local food is healthy for the body. Local foods fuel the body," Hency said.

RSIPF Assistant Commissioner, Simpson Pogeava, RSIPF members and RAPPP advisors gathered at the RSIPF Gym at Rove on 21 February to witness the first nutrition demonstration under this program.

Assistant Commissioner Pogeava, a regular trainee at the gym, encouraged RSIPF officers to do more exercise and to eat more local foods.

Under this nutrition program, the HWCE team will conduct nutrition sessions for various groups in the RSIPF on a fortnightly basis through-out 2025. RSIPF officers who recently joined the Police Response Department (PRD) will be the first group to receive the program followed by the new recruit cohort.

Hency said while focus has been on the physical fitness of officers, getting the right nutrition to enter their body needs to be strengthened.

"When there is lack of right nutrition in the body, the body will not progress in terms of fitness. While looking at the physical aspect of the body, it is critical to also look at the nutrition side," Hency said.

He encouraged RSIPF officers to eat more local food from the market saying local foods are abundant in the country and are cheap as an officer can get all the nutrition needed with less than SBD\$40.

Apart from supporting the program to rollout, RAPPP also delivered blenders to the RSIPF Gym to help officers able to prepare smoothies using local foods.

Hency said officers can choose to make smoothies with their local foods or they can just eat them, either way, the nutrition that will enter the body is the same.

The AFP, through RAPP, is a strong supporter of a healthy RSIPF and it believes this program is yet another way of ensuring that RSIPF officers maintain their operational health and fitness to carry out their policing duties and capable of effectively serving their communities.

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Media inquiries

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The Royal Solomon Islands Police Force (RSIPF) was established in 1954. Its mission is 'To provide a safe and peaceful Solomon Islands by strengthening relationships with the community'. The RSIPF strive to provide efficient and effective policing services for the Solomon Islands and expect RSIPF officers to adhere to the RSIPF values.

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